



"Retreat Conduct and Shared Space Agreement"

Purpose and Intention

You acknowledge that this retreat is a sacred gathering held in the presence of the Whales, designed to support spiritual awakening, personal growth, and transformation.

This retreat and program has been designed by Letina Russell and her guides the Whale Unity Heart, and includes morning and evening circles with guided meditations, and intuitively guided Whale Swims.

You acknowledge this retreat is for those who are interested in truly mastering their energies, and living from their sacred heart centre.

Each participant is at a unique stage in their individual journey. By attending, you agree to arrive with an open heart and mind, to honour your own experience, and respect others in theirs.

Initial Here: _____

Respectful Presence in Shared Space

As we share close quarters aboard the vessel, we ask that you remain mindful of your personal energy, communication, and behaviour. Please be considerate of the close circle environment and the wellbeing of all guests and crew.

Initial Here: _____



Interpersonal Boundaries

We recognise that deep, heart-based connections naturally form during these close sacred circle experiences. However, we ask that you refrain from initiating any intimate or romantic connections while onboard the boat with guests or crew. Should such connections arise, we respectfully ask you explore them after the retreat has concluded when our sacred circle space has been formally closed.

Initial Here: _____

Whale Swim Opportunities

During this retreat, I will enter the water with the Whales whenever an appropriate opportunity arises. During all of these times I will be creating opportunities for you to join me for in-water encounters with the Whales.

You will always be informed in advance when there is potential to swim with the Whales. Sometimes this notice may be 10 mins in advance, sometimes this may be 1 minute in advance.

Participation is entirely your personal choice. At no time will you be pressured or obliged to enter the water with the Whales, and your decision will always be fully honoured.

Initial Here: _____