



"Swimming and Snorkelling Declaration"

I, _____, hereby declare that I am fully aware of the importance of personal responsibility when entering the water for swimming and snorkeling activities during Whales Of Lemuria, Sacred Whale Retreat, Hervey Bay 2026.

I understand the potential risks involved. I willingly acknowledge and accept these risks as my own.

Please check the appropriate boxes below to indicate your current proficiency in the water.

Swimming Proficiency:

- ☐ Beginner: Limited swimming experience, not comfortable in deep water.
- ☐ Intermediate: Can swim 100m confidently in a pool or calm waters. Comfortable in the deep open ocean.
- ☐ Advanced: Highly skilled swimmer, comfortable in various water conditions. Can swim more than 100m. Comfortable in the deep open ocean.

Please provide details of your most recent swimming experience:

The last time I swam was:

Approximate Date: _____

Approximate Distance Covered (in meters): _____

Water Conditions (e.g., pool, ocean, lake, river, etc.): _____

Snorkelling Proficiency:

- ☐ Beginner: Limited or no snorkeling experience.
- ☐ Intermediate: Some snorkeling experience, comfortable with snorkeling gear.
- ☐ Advanced: Experienced snorkeler, confident with snorkeling gear in different conditions, can easily empty my own mask, and clear snorkel whilst in the water.



Floating Ability:

Can you float on your tummy, with your face in the water, lying still without kicking, or making any arm movements, while calmly breathing through a mask and snorkel?

- ☐ Yes
- ☐ No
- ☐ I haven't done this before but I am willing to practice and then demonstrate my abilities.

I understand that my self-assessment of swimming and snorkeling proficiency will guide my participation in water-related activities during Whales of Lemuria, Sacred Whale Retreats, Hervey Bay 2026.. I will only engage in activities that correspond to my declared proficiency level and will exercise caution and good judgment at all times.

Initial Here: _____

I am aware that there will be an opportunity to demonstrate my swimming and snorkeling abilities during Whales of Lemuria, Sacred Whale Retreat, Hervey Bay 2026, where I will be required to demonstrate my use of a mask and snorkel, to test that my snorkeling gear is in prepared and in full working order, and that I can enter the water from the back of the vessel, and I am committed to participating honestly and responsibly during this evaluation.

Initial Here: _____

I further acknowledge that the organisers and event coordinators will provide guidelines and instructions for safe water activities, and I will adhere to these instructions without exception. I am responsible for my safety and well-being while participating in any water-related activities during Whales of Lemuria, Sacred Whale Retreat, Hervey Bay 2026.

Initial Here: _____



By signing below, I confirm the information provided in this declaration is accurate and honest to the best of my knowledge. I understand that any misrepresentation of my abilities may result in my exclusion from immersing in the water with the Whales.

Guest's Signature: _____

Date: _____

Printed Name: _____

Whales of Lemuria, Guide & Event Facilitator Signature:

Printed Name: _____

Date: _____